

STARTERS

Onion Bhaji (Classic onion fritters)  £3.95

Samosa (vegetable, meat or chicken) £3.95
Fillo pastry filled with seasonal vegetables or spicy mince meat

Chicken or Lamb Tikka £4.95

Duck Tikka £5.95

Boneless chicken, lamb or duck marinated in yoghurt, spices, garlic, green chilli and fresh coriander, and cooked in the charcoal tandoor

Tandoori Chicken £4.50

Tender chicken marinated in yoghurt and spices on the bone

Assorted Indian £5.95

Chicken tikka, sheek kebab, onion bhaji

Sheek Kebab £4.95

Minced lamb infused with fresh herbs and variety of aromatic spices, onion and peppers

Shammi Kebab £6.50

Meltingly soft patties of lamb & potato, bengal gram and spices, pan fried to perfection

Malai Lamb Chops £5.95

Chops of tender lamb in a marinade of home made cream cheese and spices

Chicken Chat £4.95

Aloo Chat  £3.50

A delicious blend of diced, cooked potatoes, fresh tomatoes and cucumbers marinated in spices.

Prawn Cocktail £4.95

FISH STARTERS

Shahi King Prawns £7.95

Marinated with fresh green herbs & spices and cooked in tandoor with tomato & pepper

King Prawn Poori £7.95

Prawn Poori £6.95

North Indian style prawns wrapped in a poori

King Prawn Butterfly £5.95

Delicately spiced king prawns fried in bread crumbs

Fish Kebab £5.95

Salmon Tikka £6.95

TANDOORI SPECIALITIES

Served with salad & mint sauce.

Chicken or Lamb Tikka £9.50

Duck Tikka £11.50

Boneless chicken, lamb or duck marinated in yoghurt, spices, garlic, green chilli and fresh coriander, and cooked in the charcoal tandoor

Tandoori Chicken £8.50

Half tender chicken marinated in yoghurt and spices on the bone

Shashlick £10.50

Chicken or Lamb, peppers, onions and tomatoes subtly spiced and slow cooked in the tandoor

King Prawn Shashlick £15.50

Jafrani Chicken or Lamb £11.50

Jafrani King Prawn £16.50

Barbecued with onion, pepper & tomato. Served with chef's special sauce

Moducash Chicken or Lamb  £10.50

Delicately mild, combination of chicken or lamb, cashew nuts & honey

Malai Lamb Chops £11.50

Chops of tender lamb in a marinade of home made cream cheese and spices

Tandoori King Prawn £15.50

Marinated with fresh green herbs & spices, and cooked in the tandoor

Mixed Grill £13.50

Chicken and lamb tikka, tandoori chicken, seekh kebab, nan

Paneer Shashlick  £10.50

Pieces of cheese marinated in freshly ground aromatic herbs and spices, barbecued with onions, capsicums and tomatoes

Ajwani Salmon £13.50

Ajwani flavoured chunk of salmon, char grilled on the tandoor

LEGENDS

Fairly Hot  Hot  Very Hot  Spicy 

DISHES CAN BE MADE Milder OR HOTTER ACCORDING TO TASTE

Traces of Nuts  Suitable for Vegetarians 

HOUSE SPECIALITIES

Chettinad Chicken £9.50

Cooked in a hot sauce with ginger, garlic, coconut and aromatic dried spices, a delicacy of the Chettinad region of Tamil Nadu state in South India.

Tikka Massala Chicken or Lamb £9.50

King Prawn or Duck £13.50

National dish that needs no introduction

Makhani Chicken or Lamb £9.50

King Prawn or Duck £13.50

With fresh tomato & butter, rich and creamy

Pasanda Chicken or Lamb £9.50

Mild dish prepared with almond & pistachio cream

Beef Laziz £13.50

Cooked with shallot, medium spice, fairly dry

Kurzi Shank £15.50

Lamb shank covered with minced lamb and baby potatoes

Goan Lamb Shank £14.95

A supreme cut given the traditional Goan treatment, full of flavour, cooked with tomatoes and coriander

Wild Duck Breast £13.50

A succulent breast of roast barbury duck in rich massala of tomato & mango

Lamb Chop Special £13.50

Tandoori lamb chop cooked in goan sauce, hot and spicy

Achari Bhuna Chicken or Lamb £9.50

King Prawn, Duck or Beef £13.50

Tossed in the pan with peppers, tomato, coriander and pickle on thick sauce

Jall Massala Chicken or Lamb £9.50

King Prawn, Duck or Beef £13.50

Our unique massala cooked with green chilli

Pathila Chicken or Lamb £9.50

King Prawn, Duck or Beef £13.50

Well spiced, marinated with our fresh ground spice & cooked in medium juicy thick sauce in the pathil with garlic & tamarind

Chicken or Lamb Tikka Rezala £9.50

Cooked with onion, peppers & tomatos. Bhuna style

Jinga Korai Marachi (King Prawn) £15.50

Cooked with ginger, garlic and tomato

Jinga Lasani (King Prawn) £15.50

On the shell king prawns cooked in medium sauce with garlic, spring onions, mustard and coriander in aromatic spices.

Chicken Jaipuri £9.50

Authentic Maughol dish cooked with onion, yogurt, jeera, coriander, tomato, fresh herbs, cream. medium

Chicken Al Badami (favourite dish of Emperor Babar) £11.50

Mango flavoured curry, cooked with nuts, spices, herbs & finished with cream. Chicken on the bone. mild

FISH SPECIALITIES

(All fish dishes are prepared in Zara's own fish sauce)

Mustard Prawn £13.95

Mustard King Prawn £16.95

Salmon Peri Peri £15.95

Cooked bhuna style. Medium hot

Fish Special (Bangladeshi White Tilapia Fish) £13.95

Cooked with onion, mustard, garlic & 10 different spices - full of juice flavour (medium)

BALTI SPECIALITIES

Highly recommended by the chef. These are sizzling spice dishes, individually prepared with fresh ingredients and thoroughly blended mixtures of authentic spices. Balties are cooked in a balti pan a fascinating utensil . which locks in the aromatic flavour. Served with nan bread.

Chicken or Lamb £9.95

Tikka Chicken or Lamb £10.50

Prawn £11.50

King Prawn £13.50

Tandoori King Prawn £15.50

Vegetable & Mushroom £8.95

Beef or Duck £15.50

BIRYANI

Consists of Basmati rice, fried, mixed with spices and herbs, garnished with sultanas and almonds, and served with a vegetable curry.

Chicken/Lamb £9.95

Tikka Chicken or Lamb £10.50

Prawn £11.50

King Prawn £13.50

Tandoori King Prawn £15.50

Vegetable & Mushroom £8.95

Zara Biryani £13.50

KORAH

A dish well known in the valley of Indus. Made with cubes of onion, green pepper, tomatoes, coriander. Medium spice in thick sauce

Tikka Chicken or Lamb	£9.50
Prawn	£10.50
King Prawn	£12.50
Tandoori King Prawn	£13.50
Vegetable & Mushroom 	£8.25
Beef or Duck	£13.50

BENGALI JALFREZI

A 7th Century dish founded by the people of Bengal. Cooked with sliced onion, green pepper and green chillies, fresh coriander. Fairly hot in thick sauce.

Tikka Chicken/Lamb	£9.50
Prawn	£10.50
King Prawn	£12.50
Tandoori King Prawn	£13.50
Vegetable & Mushroom 	£8.25
Beef or Duck	£13.50

TRADITIONAL DISHES

KORMA

A dish with coconut and kashmiri herbs, cooked in a very mild spice. Recipe of the Mogul.

Vegetable & Mushroom 	£5.95
Chicken	£7.25
Lamb	£7.95
Prawn	£9.25
King Prawn	£12.25
Beef or Duck	£13.25

Add £1.00 extra for Chicken or Lamb Tikka options.

KASHMIRI

Cooked with coconut, almond and lychees.

Vegetable & Mushroom 	£5.95
Chicken	£7.25
Lamb	£7.95
Prawn	£9.25
King Prawn	£12.25
Beef or Duck	£13.25

Add £1.00 extra for Chicken or Lamb Tikka options.

BHUNA

Aromatic curry made with a blend of 21 sun dried spices and finely chopped onion and tomatoes, in a fairly dry texture.

Vegetable & Mushroom 	£5.95
Chicken	£7.25
Lamb	£7.95
Prawn	£9.25
King Prawn	£12.25
Beef or Duck	£13.25

Add £1.00 extra for Chicken or Lamb Tikka options.

ROGON JOSH

Aromatic curry made with fresh herbs, coriander and other sun dried spices, flavoured with fresh tomatoes & worcestershire sauce.

Vegetable & Mushroom 	£5.95
Chicken	£7.25
Lamb	£7.95
Prawn	£9.25
King Prawn	£12.25
Beef or Duck	£13.25

Add £1.00 extra for Chicken or Lamb Tikka options.

DOPIAZA

Literally means onion used twice in the cooking process. A recipe from one of the mansi family of bogra.

Vegetable & Mushroom 	£5.95
Chicken	£7.25
Lamb	£7.95
Prawn	£9.25
King Prawn	£12.25
Beef or Duck	£13.25

Add £1.00 extra for Chicken or Lamb Tikka options.

SAGWALA

A dish cooked with spinach & mixed spice. Fairly dry texture.

Vegetable & Mushroom 	£5.95
Chicken	£7.25
Lamb	£7.95
Prawn	£9.25
King Prawn	£12.25
Beef or Duck	£13.25

Add £1.00 extra for Chicken or Lamb Tikka options.

CURRIES

Basic dishes cooked with gravy and medium spices.

Vegetable & Mushroom 	£5.95
Chicken	£7.25
Lamb	£7.95
Prawn	£9.25
King Prawn	£12.25
Beef or Duck	£13.25

Add £1.00 extra for Chicken or Lamb Tikka options.

MADRAS

Cooked in gravy, slightly sour with hot spices.

Vegetable & Mushroom 	£5.95
Chicken	£7.25
Lamb	£7.95
Prawn	£9.25
King Prawn	£12.25
Beef or Duck	£13.25

Add £1.00 extra for Chicken or Lamb Tikka options.

VINDALOO 🍴🍴🍴

Cooked with potatoes, served with very hot gravy.

Vegetable & Mushroom 	£5.95
Chicken	£7.25
Lamb	£7.95
Prawn	£9.25
King Prawn	£12.25
Beef or Duck	£13.25

Add £1.00 extra for Chicken or Lamb Tikka options.

PATHIA 🍴

An exotic balance of sweet & sour. Hot, garnished with onion, green pepper & a touch of almond in a thick sauce.

Vegetable & Mushroom 	£5.95
Chicken	£7.25
Lamb	£7.95
Prawn	£9.25
King Prawn	£12.25
Beef or Duck	£13.25

Add £1.00 extra for Chicken or Lamb Tikka options.

DHANSAK 🍴

An exotic balance of sweet and sour. Hot, with added lentils, in a thick sauce.

Vegetable & Mushroom 	£5.95
Chicken	£7.25
Lamb	£7.95
Prawn	£9.25
King Prawn	£12.25
Beef or Duck	£13.25

Add £1.00 extra for Chicken or Lamb Tikka options.

VEGETABLE SIDE DISHES

All of these dishes are cooked in a (low cholesterol vegetable oil and with finely chopped onion, green pepper, cooked with medium spice, without gravy.

Vegetable Curry cooked in medium spices with gravy	£3.95
Mushroom Bhajee	£3.95
Bombay Aloo (potatoes)	£3.95
Cauliflower Bhajee	£3.95
Aloo Gobi potatoes and cauliflower	£3.95
Bindi Bhajee okra	£3.95
Brinjal Bhajee aubergine	£3.95
Chana Masalla cooked with chick peas	£3.95
Saag Bhajee fresh spinach	£3.95
Saag Panir  spinach cooked with cheese, mild	£4.50
Motar Paneer  home made cheese with peas, mild	£4.50
Saag Aloo spinach cooked with potatoes	£3.95
Tarka Dal lentil flavoured with garlic	£3.95
Mixed Vegetable Bhajee	£3.95
Zara Special Vegetable	£4.50

SUNDRIES

Nan special leavened bread	£2.75
Peshwari Nan	£3.25
Prepared with oriental nuts and fruits.	
Stuffed Nan	£3.25
Stuffed with spices mashed potatoes and vegetables.	
Keema Nan	£3.25
Freshly baked with minced meat.	
Garlic Nan	£3.25
Paratha	£3.95
A bread made from brown wheat and shallow fried.	
Stuffed Paratha stuffed with vegetables	£4.25
Chapati	£1.95
Soft thin Indian baked bread.	
Puree thin fried bread	£1.95
Raitha (onion or cucumber)	£1.95
Chips	£3.50
Green Salad	£2.95
Papadam plain or spiced	£0.80
Chutney	£0.80

RICE DISHES

Zara Special Rice mince lamb & prawn	£5.50
Mushroom Fried Rice cooked with Basmati rice	£3.50
Vegetable Fried Rice cooked with Basmati rice	£3.50
Special Fried Rice	£3.50
Cooked with egg, peas and Basmati rice.	
Lime Fried Rice with chick peas	£3.50
Egg Fried Rice	£3.50
Onion Fried Rice	£3.50
Saag Rice fresh spinach cooked with Basmati rice	£3.50
Pilau Rice	£2.95
Basmati rice cooked with saffron, dairy products & aromatic spices.	
Boiled Rice	£2.75

Please Note:

1. We do not accept cheque
2. If the dish you require is not listed we will gladly prepare it specially for you
3. If you have any dietary restrictions, e.g. nuts, dairy products, etc. please inform us
4. Take-away orders are packaged in special hygienic catering containers with care and ample portions
5. Management reserves the right to refuse service